



Sacred Heart Catholic Primary School and Nursery
Headteacher Mr C Beazeley
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Monday 27th April 2026

Dear Parents/ Carers,

As part of our Personal, Social and Health Education (PSHE) curriculum, Year Six will be covering work based on Relationship and Sex Education. The children will be split into genders to receive this lesson, as, in our experience, this makes the children feel more comfortable.

The focus of this work will relate to:

- human reproduction, including basic scientific facts about sexual intercourse between a man and women- within a loving, stable relationship
- different types of relationships
- strategies to deal with feelings in the context of relationships

You may find that your child starts asking questions about the topic at home or you may wish to take the opportunity to talk to your child about issues such as those above, before the work is covered in school.

As you are aware, we take our Relationship and Sex Education Lessons from the Ten Ten programme 'Life to the Full Plus' which aligns with our Catholic principles. Although you have the right to withdraw your child from parts of the Sex Education curriculum which are not included in the National Curriculum, we would strongly urge that you support the programme and encourage your child to participate fully in lessons. It is vitally important that children receive clear and relevant information in this area.

Kind Regards

Mrs R Horn
PSHE Lead

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