



*Sacred Heart Catholic Primary School and Nursery*  
Headteacher Mr C Beazeley  
Windermere Road, Southend on Sea, Essex, SS1 2RF  
Phone: 01702 414200  
Email: [office@sacredheart.southend.sch.uk](mailto:office@sacredheart.southend.sch.uk)



Dear Parent/Carer,

2/9/26

### **Physical Education day's**

Please see below for information detailing your child's Physical Education days for the Autumn term. Pupils are expected to attend school in their PE uniform on their day, please make sure they come in the correct uniform on the correct day. Sometimes due to other school events, PE days can change across the school year. The school will do its best to communicate with you any changes with good notice.

Reception- Monday

Year 1- Tuesday & Wednesday

Year 2- Thursday & Friday

Year 3- Wednesday & Thursday

Year 4- Tuesday & Friday

Year 5- Monday & Wednesday

Year 6- Monday & Friday

Kind Regards,

Mr. Jarvis

*Headteacher: Mr C Beazeley*



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**Southend-on-Sea**