



Sacred Heart Catholic Primary School and Nursery  
Headteacher Mr C Beazeley  
Windermere Road, Southend on Sea, Essex, SS1 2RF  
Phone: 01702 414200  
Email: [office@sacredheart.southend.sch.uk](mailto:office@sacredheart.southend.sch.uk)



Tuesday 20<sup>th</sup> October 2026

Dear Parents and Carers,

As part of our Harvest celebrations, we will be collecting donations for St Vincent's Centre (SVP), Southend, and representatives from the charity will be collecting our contributions on Thursday. Thank you to everyone who has already donated to our collection it is truly appreciated.

Harvest is a special time to give thanks for God's many blessings and to reflect on how we can share those blessings with others. As a Catholic school, we are called to live out the principles of Catholic Social Teaching, particularly the Preferential Option for the Poor, which reminds us that we have a responsibility to care for those who are most vulnerable in our communities.

In the Gospel of Matthew, Jesus tells us:

"For I was hungry and you gave me something to eat." (Matthew 25:35)

This powerful message reminds us that when we help those in need, we are responding directly to Christ's call to love and serve our neighbours. Through our Harvest collection, we can put our faith into action and make a real difference to local families who may be struggling with the rising cost of living.

St Vincent's Centre works alongside individuals and families facing hardship, not only providing emergency support but also helping people move from crisis towards greater independence. Their community market and support services offer hope, dignity and practical assistance to those who need it most.

At this time the Centre is currently in need of the following items:

- UHT milk
- Tea, coffee and sugar
- Pasta and pasta sauces
- Rice
- Cereal
- Tinned meat and fish
- Tinned tomatoes
- Tinned meals such as macaroni cheese, ravioli and vegetarian options
- Tinned vegetables
- Jams and spreads
- Biscuits, crackers and crisps
- Instant noodles and pot noodles
- Butter
- Mayonnaise
- Toiletries
- Nappies

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Southend-on-Sea



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The Centre is also supporting families with babies and young children and would welcome donations of:

- Baby milk/formula
- Baby food
- Baby wipes
- Baby toiletries
- Nappies (particularly sizes 4, 5, 6, 7 and 8)

We would be extremely grateful for any donations you are able to send into school. No contribution is too small, and every item donated will help support local families and bring hope to those who need it most.

Please send donations into school by Thursday morning.

Thank you, as always, for your generosity and for supporting our mission to serve others.

Together, we can demonstrate the love of Christ through our actions and help build a stronger, more caring community.

Yours sincerely,

Mrs E Crabb  
Deputy Head Teacher