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# Wat Tyler Country Park



St Paul Class; May 6th – May 7th -  
St Peter Class; May 8th - 9th

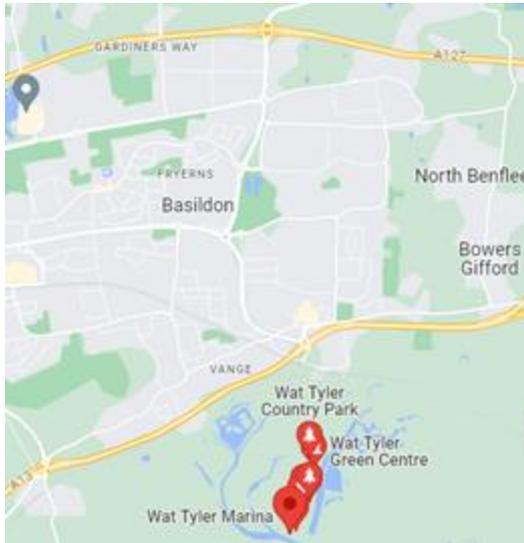
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*The South Essex Marshes are an ancient landscape shaped over many centuries by the interaction between people and the Thames Estuary. At the centre of all that, Wat Tyler Country Park has fascinating stories to tell.*

Children are open to lots of different activities that gain them many skills that will help them throughout their lives, including:

- Being able to learn in an outdoor environment whilst having fun
- A taste of independence and growth in confidence
- Able to work on teamwork, resilience, learning a new skill and gain environmental awareness.
- Able to push themselves into their stretch zone without feeling pressured.
- Discover potential hobbies.
- See how everyone has different Challenges that you wouldn't normally see in the classroom, and learning how to overcome them.
- Learning Leadership skills.
- Developing old and new friendships.
- Developing their communication skills.
- Being able to problem solve.



*Journey time approx 30min.*

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## Recommended Kit List for Students:

### **What to bring;**

- Sleeping Bag (and under-sheet)
  - Pillow & pillowcase.
  - Night clothes
  - Slippers or indoor shoes.
  - Towels & toiletries
  - 3 changes of old clothes.
  - Warm jumper & waterproof coat
  - Old trainers or strong shoes for muddy outdoor activities.
  - Long trousers
  - Shorts
  - Hat
  - Wellies (if weather has been wet)
  - High factor suntan lotion (if weather is forecast to be warm)
  - Long sleeved tops
  - Roll-on Insect repellent and bite cream (NO aerosols please)
  - Cuddly Toy and night light
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# Medication



If your child requires medication then we will need to know before the trip and forms completed.

On the morning of departure please come in with your child and hand the medication to an adult and check the medication form is correct.

There will be members of school staff first aid trained as well as all staff at the activity centre.

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## Items not to be bought;



- Aerosols – deodorants, hairsprays etc.
  - Mobile phones or any other electronics.
  - Hair dryers/straighteners.
  - Valuable jewellery
  - New or expensive clothes.
  - No sweets
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# Accommodation



There are 2 dormitories which we will have sole use along with catering facilities and a large indoor room for activities.

There are showers and toilets in both of the dormitories

The rooms contain bunk beds and pupils will be expected to keep their rooms and possessions tidy. They will need to bring a pillow and sleeping bag.

No food is to be consumed in the sleeping quarters only in the main communal areas.

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# Behaviour



The time spent away from Sacred Heart School is a wonderful experience for pupils to embrace lots of new activities.

If pupils behaviour falls below our expectations then the we will be contacting parents to collect them directly from Wat Tyler Park and they can no longer participate in this wonderful opportunity.

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# The activities



- Team Challenge
- Orienteering
- Cooking pizzas
- Night walk/animal spot
- Army fitness activities
- Minibeast hunt
- Kite making



*Along with evening activities*

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# Timetable

Day 1	
9am	Depart School
12:00-1:00pm	Lunch
3:15pm	Afternoon Snack
6pm	Dinner
8:30pm	Activities end
9:30pm	lights out

Day 2	
7:30am	wake up
8-9am	Breakfast
12:00 -1:00pm	Lunch
2pm	Depart Wat Tyler

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# Communication



We will send a message to inform you that pupils have arrived safely.

There will be no Wi-Fi available at the residential, so pictures will be uploaded once we return to site, which we will share with you the week of the trip.

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**Any Questions**

