

Parent Session

Discussing Smartphones



The Anxious Generation

www.anxiousgeneration.com

Mission Statement: To motivate and empower teens, parents, educators, policymakers, and tech industry leaders to act collectively to free children and adolescents from a childhood spent largely alone on screens, and instead promote independence, free play, and responsibility in the real world.



Smartphone Free Childhood

www.smartphonefreechildhood.co.uk

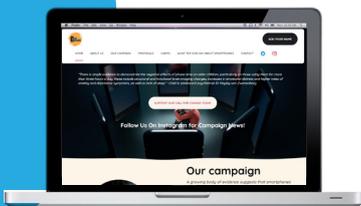
A grassroots parent-led campaign that aims to change the cultural norm that children are given smartphones, and challenge Big Tech's ever-increasing colonisation of childhood.



Delay Smartphones

www.delaysmartphones.org.uk

Another grassroots parent-led campaign that aims to protect children from the dangers of smartphones.



Safer Screens

www.saferscreens.org

A campaign run by a parent advocacy group, UsForThem – a non-profit, non-affiliated group focused on high-impact campaigning and strategic legal activity.



PAPAYA

www.papayaparents.com

Stands for Parents Against Phone Addiction in Young Adolescents. They run workshops for young people and their parents, helping them gain a healthy relationship with screens.
