



Sacred Heart Catholic Primary School and Nursery
Headteacher Mr C Beazeley
Windermere Road, Southend on Sea, Essex, SS1 2RF
Phone: 01702 414200
Email: office@sacredheart.southend.sch.uk



16th September 2025

Dear Parent/Carer

KS1 Cross Country - Friday 26th September

Your child has been selected to represent the school in the KS1 Cross Country event. This event is held on Friday 26th September at Freedom Leisure Centre (Garon's) on the field. Your child will leave Sacred Heart by coach at 9:20am and will return to school approximately at 11:10am. Your child will need to be wearing their PE kit and trainers on this day.

The Distance of the race is 1000 Metres.

For your child to participate in the event, consent must be given online through school money. If you have any difficulties with this then please speak to the school office. **If your child is in Year 2**, they will miss their library trip that is also planned for this day. Please let the office know if you would prefer your child to do the library trip.

Unfortunately, Parents/Carers are not allowed to come watch the children at this event.

Children must bring the following items:

- Water bottles to keep fluids up
- Snack like bananas or dried fruit (NO NUTS)
- Trainers must be worn. If wet ground, pupils can run in studded boots.
- Warm and waterproof clothing for poor weather

Kind regards,

Mr Tony Jarvis
PE Lead

Headteacher: Mr C Beazeley
Part of the Assisi Catholic Trust Ltd,
Registered address: Kenilworth Gdns, Leigh on Sea, Essex SS0 0BW
Registered in England. Company No 07696989



Southend-on-Sea